

# Statement of Faith

## For Groups Planning Their Own Program

Because different groups reserve Look Up Lodge for various purposes, we believe it is necessary for there to be some means of guaranteeing that the ministry of Look Up Lodge will not be compromised. We therefore ask that you or the person responsible for your retreat program please sign below and mail this statement back to Look Up Lodge along with the signed reservation sheet and first deposit. Thank you for choosing Look Up Lodge as your place away from the world.



### Statement of Faith

*Believing the Bible to be the inspired, inerrant Word of God,  
I have received by faith Jesus Christ as my own Lord and Savior,  
believing as fact His virgin birth, atoning death, resurrection from the dead  
leaving the tomb empty of His body and believe He will return.*

**Signature:** \_\_\_\_\_

**Group Name:** \_\_\_\_\_

**Date of Arrival:** \_\_\_\_\_

# Camp Guidelines

Because we are so committed to each and every group having the best possible retreat experience, we have compiled this list of guidelines to insure that all guests have a safe and enjoyable stay. After reading each guideline, please initial the space beside it.

## Driving

Once you have gotten settled into your rooms, please leave all vehicles parked. This is to ensure the safety of all guests and preserve the unique atmosphere of the retreat. If you should need to drive to move equipment or if you have guests who need to drive for whatever reason, please inform our staff and we will be happy to show you the best way to accommodate these needs.

## Parking

Please have your guests park their vehicles in designated parking areas and not along the sides of the roads. We have large buses and trucks which must be able to move safely through camp. If you have questions regarding overflow areas please ask us.

## Meals

Meals are served at designated times. Please make sure your group arrives at the dining hall by your designated times. We will generally serve meals for about 45 minutes from the time the bell rings. We understand that sometimes meetings run long and you may be a couple of minutes late. However, please understand that due to food safety regulations and the need to begin preparations for the next meal, we cannot hold meals for your group indefinitely and if you are late we may be unable to serve you.

## Waterfront

It is vitally important that all group leaders understand our waterfront policy. Look-Up makes available certain waterfront activities during appropriate times of the year. All waterfront activities are done only at designated times. During these designated times Look-Up will provide staff to run certain activities (i.e. waterslide & zip line) and assist in the proper use of equipment. Look-Up does not provide life guarding or other supervision adequate to ensure the safety of all participants. All swimming, boating and other waterfront activities are done solely at your own risk. Group leaders over youth and children must maintain supervisory responsibility at the waterfront just as they do at the other areas of camp.

## Courtesy to Other Groups

Please understand that you are most likely not the only group on camp. Your group has its own sleeping and meeting areas, which are yours alone during your stay. Please make sure your group respects other groups' areas. The recreation areas near the ball courts are all separate from the main meeting areas of camp and are the appropriate areas for rowdy horseplay, competition and any other loud activities. Please avoid loud yelling, screaming, singing, etc., while walking in the main areas of camp.

## Flowers

We have planted beautiful flowers in several places on campus for your enjoyment. Please tell your kids not to pick them so other guests arriving throughout the summer can enjoy them as well.

## Clothing

In order to ensure that clothing worn by males and females will contribute to the spirit of camp in a positive way, guests are encouraged to dress modestly. Certain items of clothing which are inappropriate include but are not limited to: two-piece bathing suits and alcohol and/or drug related messages.

## Fishing

Catch and release **only**, please!

## Retreat Guidelines

Please read these guidelines to your group. This will answer many questions and help get you started smoothly. For further assistance, please feel free to ask any of our staff. We are here to serve you!

Our goal is to provide all guests with the best retreat experience possible.  
Thank you for choosing Look Up and please let us know if there is anything we can do to make your stay more enjoyable.



# Ready for Your Retreat?



## What To Bring

- Health Forms
- First Aid Supplies
- Water Bottle
- Extra t-shirts & shorts to wear on zip-line (seasonal) & swing (**all** zip-line & swing riders must wear a t-shirt & shorts; zip-line riders will get wet)
- Bible, pen & notebook
- Gift Shop money
- Rainy day games, rain coats & umbrella
- Unamped guitars/other string instruments (optional)
- Camera & film
- Long pants & shirt are recommended for paintball ***\*must be at least 12 years old to play\****
- Bedding (sheets, pillows & blankets): all beds are twin size; towels & personal toiletries.



## Please Leave These At Home

- Shirts or hats with worldly advertisements (i.e. secular music groups, alcohol, tobacco, sex, satanic)
- Bikini/2-piece swimsuits
- Any paintball equipment including markers or paint
- Water balloons, squirt guns, etc.

## General Reminders



### Check-In Time

Please let us know your estimated time of arrival. Standard check-in is any time after 2:00 pm.



### Schedule, Meeting Room & Final Numbers

Please e-mail your schedule to [jane@lookuplodge.com](mailto:jane@lookuplodge.com) or fax it to 864.836.4160 at least 2 weeks prior to arrival. Our Guest Service Dept. will contact you 2 weeks prior to arrival to confirm your schedule, find out what your meeting room needs are so as to equip it properly, and to get your final numbers broken down as follows: #boys, #girls, #adult males & #adult females. Please have that information on hand at that time.



### Spending Money

Look Up's canteen carries a variety of snacks, ice cream, drinks, clothing, personal items, etc.



### Paintball

**Players must be at least 12 years old to participate.** Games are \$5 per person each game. Look Up Lodge will supply all equipment and safety gear. This activity must be scheduled in advance.



### Dress Guidelines

In order to insure that clothing worn by males and females will contribute to the spirit of camp in a positive way by being modest and acceptable, the following information is provided. Please make sure all shirts are loose fitting, have sleeves, cover stomach when arms are raised and shorts should be of proper fit and approximately mid-thigh in length. No bikini or 2-piece swimsuits, please. This applies to all activities.



### First Aid Supplies

Look Up Lodge does not have a nurse on call during the school year. We encourage you to bring first aid supplies which include not only band-aids, but also items such as ace bandages, bee sting relief, Tylenol or Ibuprofen, Benadril, gauze, tape, anti-biotic ointment, hydrogen peroxide and splinter-out. Also, don't forget health forms; medical personnel need that information in order to give the best care in an emergency situation.

# Activities Schedule

## Waterfront

Zip Line, Waterslide, Swimming, Paddle Boats & Kayaks

Saturdays: Open from 1:00-4:30pm.

Other days/times: Scheduled upon request.

Swimming, Zip Line, Waterslide & Kayaks are seasonal; all waterfront activities are subject to close due to weather conditions.

## Giant Swing

Saturdays: Open from 1:00-4:30pm.

Other days/times: Scheduled upon request.

## Paintball

\$5 per person, per game. MUST be at least 12 years old to play

Scheduled upon request.

## Low Ropes

Scheduled upon request.

## Canteen

Fridays: Open from 9:30-10:00pm.

Saturdays: Open from 3:30-4:30pm & 9:30-10:00pm.

Other days/times: Scheduled upon request.

## Campfire

Scheduled upon request.

## Meals

Breakfast: 8:00 am

Lunch: 12:00 pm

Dinner: 5:30 pm (6:30pm on Fridays)

Other times: Scheduled upon request.

## Fishing

Catch and Release Only

All guests are welcome to fish anywhere around the lake, except around the swimming docks. Please bring your own fishing pole and bait.

## Other Activities

Always Open and Available to All

Basketball, Volleyball, Bouldering Wall & Soccer. Equipment is kept in the shed by the basketball courts and is available on a first-come, first-serve basis; please return equipment to the shed when you leave.

Look Up Lodge will contact you 2 weeks prior to your group's arrival to schedule all activities, go over meeting room set-up and to get your final guest count (# of boys, girls, adult males & females) in order to give your group the best rooming possible.

We are looking forward to your arrival!



# Health & Liability Release

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**Dear Group Leader:** Please make copies of this health form and hand out to each guest attending. These forms are required for attendance and will be collected on arrival day upon check-in.

**Dear Guest :** The group leader is required to bring all forms to the retreat session. Look Up Lodge is required to keep forms on file. **Look Up Lodge general staff does not review health information.** This form is given to emergency personnel ONLY, if and when needed. Please provide changes upon arrival.  
(or parent/guardian of guest under 18)

## Group/Church Information

Name \_\_\_\_\_

City, ST \_\_\_\_\_

## Dates of Attendance

Start: \_\_\_\_\_

Finish: \_\_\_\_\_

## Guest Information

\_\_\_\_\_ First Time Look Up Lodge Guest Gender: \_\_\_\_\_ Male \_\_\_\_\_ Female Age: \_\_\_\_\_

Guest Name: \_\_\_\_\_ Birth Date \_\_\_\_\_

*First Middle Last*

Home Phone \_\_\_\_\_ Office Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Home Address \_\_\_\_\_

*Street Address City ST Zip*

## Custodial Information for Guests Under 18

Parent/Guardian Name \_\_\_\_\_

*First Middle Last*

Home Phone \_\_\_\_\_ Office Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

*(If Different from Above) (If Different from Above) (If Different from Above)*

Home Address \_\_\_\_\_

*(If Different from Above) Street Address City ST Zip*

Name of Additional Emergency Contact: \_\_\_\_\_ Relationship \_\_\_\_\_

Home Phone \_\_\_\_\_ Office Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

## Insurance Information

Is guest covered by family medical/hospital insurance? \_\_\_\_ Yes \_\_\_\_ No

If so, indicate carrier or plan name \_\_\_\_\_ Group # \_\_\_\_\_

Policy Holder's Name \_\_\_\_\_ Relationship to patient \_\_\_\_\_

Effective Date of Coverage \_\_\_\_\_

Guest insurance is primary. All medical costs will be filed with above stated insurance provider and/or are the responsibility of the guest or parent/guardian of guest under 18. Look Up Lodge does not provide primary insurance. No assumption of such coverage should be made. \_\_\_\_\_ **Initial Here**

➤ **Please photocopy the front and back of health insurance card and staple it to this form.**

## Important Medical & Allergy Information

Does the patient have any allergies? \_\_\_\_ Yes \_\_\_\_ No **Date of last Tetanus shot** \_\_\_\_\_

Medication allergies \_\_\_\_\_ Reaction/Management \_\_\_\_\_

Food Allergies \_\_\_\_\_ Reaction/Management \_\_\_\_\_

Insect stings \_\_\_\_\_ Reaction/Management \_\_\_\_\_

Dander/Hay Fever/Asthma \_\_\_\_\_ Reaction/Management \_\_\_\_\_



# Health & Liability Release

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## Nutrition

The following nutritional restrictions apply:

\_\_\_\_\_ Red Meat    \_\_\_\_\_ Pork    \_\_\_\_\_ Dairy    \_\_\_\_\_ Poultry    \_\_\_\_\_ Seafood    \_\_\_\_\_ Eggs  
\_\_\_\_\_ Other (Describe) \_\_\_\_\_

## Medications

Please list ALL medications (including over-the-counter or non-prescription drugs) taken routinely. Bring enough medication to last during entire stay at Look Up Lodge. Keep medication in original packaging/bottle that identifies the prescribing physician (if a prescription drug), the name of the medication, the dosage, and the frequency of administration.

Med# 1 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times taken each day \_\_\_\_\_

Reason for taking \_\_\_\_\_

Med# 2 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times taken each day \_\_\_\_\_

Reason for taking \_\_\_\_\_

Please attach additional pages for any other medications taken in the last 6 months.

Look Up Lodge does not gather or administer guest medications. These as well as dietary restrictions are the responsibility of the group leader. Group Leader must be aware of these meds/restrictions. \_\_\_\_\_ **Initial Here**

Please read section below carefully. This section must be signed in order for guest to attend.

## Guest/Parent/Guardian Agreement & Liability Release

### Liability Release

It is expressly desired that guest described herein be an active participant in the activities of their retreat session. Guest is believed to be in satisfactory health and free from communicable disease. **Any participation limitations (i.e. food, drink, activities) must be communicated to and are the responsibility of the group leader, NOT Look Up Lodge staff.** It is understood that there are certain risks involved in the nature of retreat activities. It is understood and agreed that Look Up Lodge shall not be responsible or legally liable for any losses of personal property or for any bodily injuries (or the results thereof) incurred and suffered by guest in connection with their retreat session, unless such loss or injury results directly from the negligent or willful act of any Look Up Lodge staff acting within the scope of their employment.

### Medical Release

In the event I (guest or parent/guardian of guest under 18) cannot be reached or am rendered unconscious, I hereby give permission to the physician selected by \_\_\_\_\_ (group leader) to hospitalize, secure proper treatment for, order injections, anesthesia and/or surgery for myself/my child in case of an emergency.

### Photo Release

By signing consent form, I (guest or parent/guardian of guest under 18) am giving Look Up Lodge permission for any photos or videos taken of myself/my child for the duration of my/my child's stay to be used at Look Up Lodge's discretion in any of their promotional venues.

### Mailing List Release

I (guest or parent/guardian of guest under 18) give Look Up Lodge permission to add me to their mailing list.

### Parental Agreement (if guest is under 18)

I give my child permission to attend this retreat session at Look Up Lodge and participate in all camp related activities.

By signing below, I (guest or parent/guardian of guest under 18) agree and consent to all above stated.

Signature of Guest (or parent/guardian of guest under 18) \_\_\_\_\_

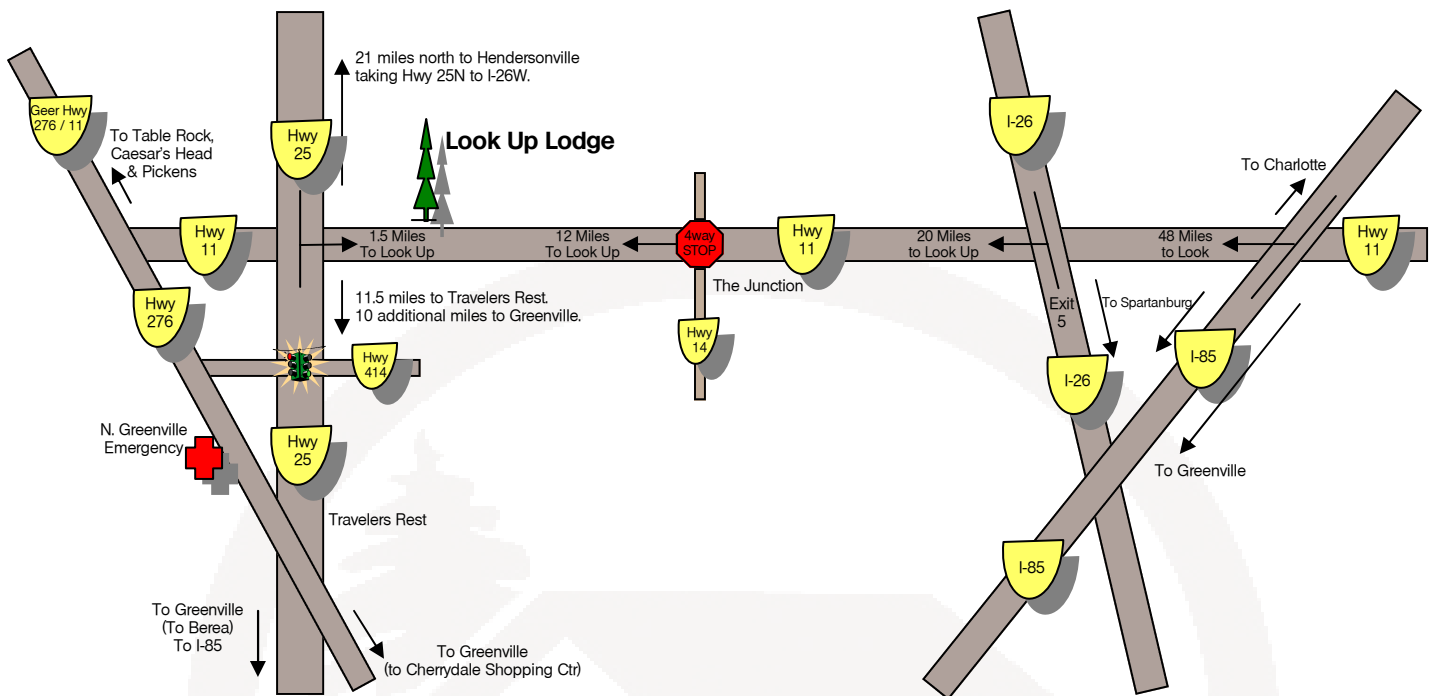
Printed Name \_\_\_\_\_ Relationship \_\_\_\_\_ Date \_\_\_\_\_

Email address \_\_\_\_\_ (personal)

Email address \_\_\_\_\_ (office)



# Directions to Look Up Lodge



- From Charlotte, NC**  
 Take I-85S to I-26W. Follow I-26W to Hwy 11 (exit 5). Turn left on Hwy 11 (south) and follow for 20 miles. Turn right onto Look Up Lodge Road.
- From Asheville, NC and Hendersonville, NC**  
 Take I-26E to Hwy 25S (exit 54). Follow Hwy 25 to Hwy 11 (overpass). Go under the overpass, turn left and go up ramp. Turn right onto Hwy 11. Follow for 1.5 miles. Turn left onto Look Up Lodge Road.
- From Atlanta, GA and Anderson, SC**  
 Take I-85N to Hwy 25N (exit 44). Follow Hwy 25 for 27 miles (past Berea, past Furman U., past Travelers Rest) to Hwy 11 (overpass). Turn right and go up ramp. Turn right onto Hwy 11. Follow for 1.5 miles. Turn left onto Look Up Lodge Road.
- From Greenville, SC**  
 Take I-385N to N. Pleasantburg Drive (exit 40A). Follow N. Pleasantburg Drive to Wade Hampton Boulevard intersection. Cross Wade Hampton Boulevard intersection (follow signs for N. Pleasantburg Drive) and continue to Hwy 276 (same as Poinsett Hwy) (Cherrydale Shopping Center will be on the left). Turn right onto Hwy 276N (Poinsett Hwy). Follow for 4.7 miles to Hwy 25N exit. Fork right onto Hwy 25N. Follow for 11 miles to Hwy 11 (overpass). Turn right and go up ramp. Turn right onto Hwy 11. Follow for 1.5 miles. Turn left onto Look Up Lodge Road.
- From Columbia, SC**  
 Take I-26W to Hwy 11 (exit 5). Turn left on Hwy 11 (south) and follow for 20 miles. Turn right onto Look Up Lodge Road.
- From Knoxville, TN**  
 Take I-40E to I-26E (Asheville area). Follow I-26E to Hwy 25S (exit 54). Follow Hwy 25 to Hwy 11 (overpass). Turn left and go up ramp. Turn right onto Hwy 11. Follow for 1.5 miles. Turn left onto Look Up Lodge Road.

